

CHICAGO SINAI CONGREGATION

Shabbat Information

Friday, May 13th, 2022

Whether you are joining us in-person, on our website, or on Zoom, we are so happy to celebrate Shabbat together.

Mazal Tov to **Izzy Rassey**, child of Sarah and Lou Rassey, on becoming Bat Mitzvah.

The Shabbat candle blessing will be led by the Berkley and Lehrner families.

The Kiddush will be led by the Howard family.

We invite you to **participate fully** in our services. We hope you **feel comfortable** in our sanctuary as your authentic religious self. We are proud of our **inclusive prayer book**, the UPB III, which translates and transliterates every Hebrew piece of liturgy.

Music

L'cha Dodi (p. 4) – *Max Helfman*

Candle Blessing – *A.W. Binder*

Mi Shebeirach – *Robert Applebaum*

Bar'chu – *Louis Lewandowski*

Sh'ma – *Traditional / A.W. Binder*

V'ahavta – *Traditional*

Mi Chamocha – *Debbie Friedman*

Oh Guide My Steps –

Debra Winston & Julie Silver

Yism'chu – *Chassidic / Isadore Freed*

Adonai S'fatai – *Traditional*

Avot V'imahot – *Adolph Katchko*

V'sham'ru – *Moshe Rothblum*

Shalom Rav – *Ben Steinberg*

Yih'yu L'ratzon – *Josh Nelson*

Sermon Anthem

Aleinu – *Michael Isaacson*

Va'anachnu – *Salomon Sulzer*

Bayom Hahu – *Traditional*

Oseh Shalom – *Spanish-Portuguese melody*

Our Commitment to Inclusion

Chicago Sinai Congregation is proudly committed to being a true House of Prayer for All People. Our congregation reflects the rich tapestry of humanity: people of all ages, people of all races, people of diverse religious backgrounds, individuals possessing a wide range of physical ability and gender identities. It is important to affirm publicly that we are a welcoming home for everyone in the LGBTQ community, to those families where not everyone identifies as Jewish, and to those in uncertain places on their spiritual journey. We are constantly striving to learn how we can provide the most meaningful welcome to every single human being created in the divine image.

Worship • Act • Learn • Engage

Torah Study | Saturday, May 14 | 9:30 AM | In-person and Zoom

Sinai Table: Getting Real About Getting Older

Monday, May 16 | 4 PM | Zoom

Information can be found in This Week at Sinai

Lyrics

Oh Guide My Steps

English Text and Music: Debra Winston

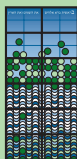
Ufros Aleinu Melody: Julie Silver

Oh guide my steps and help me find my way,
I need Your shelter now,
rock me in Your arms and guide my steps
and help me make this day,
a song of praise to You,
rock me in Your arms and guide my steps.

U-fros a-lei-nu su-kat sh'-lo-me-cha...

Land Acknowledgement

Chicago Sinai Congregation sits on land that intersects with the aboriginal homelands of several tribal nations: the Council of the Three Fires: the Potawatomi, Odawa, and Ojibwe Nations; the Illinois Confederacy: the Peoria and Kaskaskia Nations; and the Myaamia, Wea, Thakiwaki, and Meskwaki Nations. The Ho-Chunk, Menominee, Kiikaapoi, and Mascouten Nations also call the region of northeast Illinois home. Indigenous people continue to live in this area and celebrate their traditional teachings and lifeways. As a Chicago institution, it is Sinai's responsibility to acknowledge this historical context and build reciprocal relationships with the tribal nations on whose lands we are situated.



Seth M. Limmer, *Senior Rabbi*
Amanda Greene, *Associate Rabbi and Director of Lifelong Learning*
Todd Zinn, *Associate Rabbi*
Howard A. Berman, *Rabbi Emeritus*
Dr. Alison Tothy, *President, Board of Trustees*

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