

CHICAGO SINAI CONGREGATION

Shabbat Information

Friday, January 10, 2025

Whether you are joining us in-person, on our website, or on Zoom, we are so happy to celebrate Shabbat together.

Services and music will be led by Rabbi Benoff, Maia Surace, Esther Fishbein, and Sinai's Youth Choir.

Torah Study | Saturday, January 11 | 9:30 AM | In-person and Zoom

Will be led by Rabbi Greene.

This week's Torah portion is Parashat Vayechi Genesis 47:28-50:26

Shabbat Services | Friday, January 17 | 6:15 PM | Sanctuary

Services and Music will be led by Rabbi Greene, Maia Surace, and Sinai's Professional Choir.

Mitzvah Day

Sunday, January 19 | 10 AM | In-Person

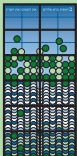
Join us in celebrating Sinai's long-standing commitment to social action! Mitzvah Day takes place of religious school that day, but activities are geared toward participants of all ages.

Register Here:



Donated items will benefit **Pilsen Food Pantry**, which works to provide essential resources to recently arrived migrants. Donations must be dropped off at Sinai and will be accepted through January 19th.

Scan Here to View the Donations List:



Rabbi Amanda Greene, *Senior Rabbi*
Rabbi Rebecca Benoff, *Associate Rabbi*
Rabbi Howard A. Berman, *z"l, Rabbi Emeritus*
Carol Yanowitz Miller, *Co-President*
Jason Taylor, *Co-President*
Jan Kaufman, *Executive Director*

CHICAGO
SINAI
CONGREGATION

Worship • Act • Learn • Engage

Sinai Forum: A Legacy of Healing and Tradition with Dr. Thom Lobe

Thursday, January 16 | 11:30 AM Lunch | 12:30 PM Program Begins

Join us for an inspiring Sinai Forum with Dr. Thom Lobe, a renowned Pediatric Surgeon and Mohel. In this intimate conversation, Dr. Lobe will discuss his 50-year medical career, what his work as a mohel means to him, and his experience combining the two. This event will provide wonderful insights from his extraordinary career, and an opportunity to reflect on the intersection of medical innovation, mentorship, and Jewish tradition.

Register Here:



Scholar-In-Residence Weekend Featuring Dr. Betsy Stone

Friday, January 24 and Sunday, January 26

Generational Differences

Friday, January 24 | 5 PM | In-Person

Each generation is impacted by sociological, cultural and historical trends. These influence how we see the world. Understanding these trends helps us to build bridges with other people. Join Dr. Betsy Stone to learn about generational trends and how they impact us in our personal and professional lives.

Register Here:



Shabbat Services

Friday, January 24 | 6:15 PM | In-Person and Zoom

Services and music will be led by Rabbi Greene, Rabbi Benoff, Maia Surace, and Esther Fishbein. Dr. Betsy Stone will deliver the sermon.

Stress and Anxiety in our Lives and The Lives of Our Children

Sunday, January 26 | 10 AM | In-Person

Data tells us that our kids and we are living through a time of increasing stress. How does it impact our brains, our bodies and our behavior? What can we do to manage ourselves and to help our children navigate the world?

Our Commitment to Inclusion

Chicago Sinai Congregation is committed to being a House of Prayer for All People. Our congregation reflects the rich tapestry of humanity: people of all ages, people of all races, people of diverse religious backgrounds, individuals possessing a wide range of physical ability and gender identities. We constantly strive to be a welcoming community to all.